



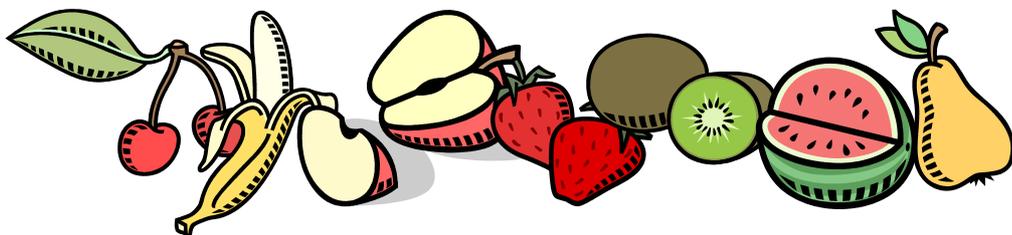
Griffin House

MENU

WEEK COMMENCING 8th March 2021

	BREAKFAST	LUNCH	TEA
MONDAY	Choice of Cereal Toast & Spreads	Chicken Korma <i>Quorn Korma</i> Green Beans Naan Bread Yoghurt Pots Fresh Fruit	Jacket Potatoes Beans and Cheese Fresh Fruit
TUESDAY	Choice of Cereal Toast & Spreads	Jacket Potatoes Beans and Cheese Fresh Fruit	Cheesy Pasta Veggie Sticks Jelly Fresh Fruit
WEDNESDAY	Choice of Cereal Toast & Spreads	Beef Bolognaise <i>Quorn Bolognaise</i> Spaghetti Garlic Bread Veggie Sticks Fruit Flap Jack Fresh Fruit	Ham & Cheese Toasties Cheese & Tom. Toasties Veggie Sticks Fresh Fruit
THURSDAY	Choice of Cereal Toast & Spreads	Sausages <i>Veggie Sausages</i> Roast Potatoes Carrots Cauliflower Gravy Blueberry Muffins Fresh Fruit	Home-Made Soup Rolls Yoghurt Fresh Fruit
FRIDAY	Choice of Cereal Toast & Spreads	Fish Cakes Chips Mushy Peas Jelly Fresh Fruit	Beef Bolognaise Pasta Fresh Fruit

A VARIETY OF SALADS AND FRESHLY BAKED BREAD ARE SERVED ON A DAILY BASIS





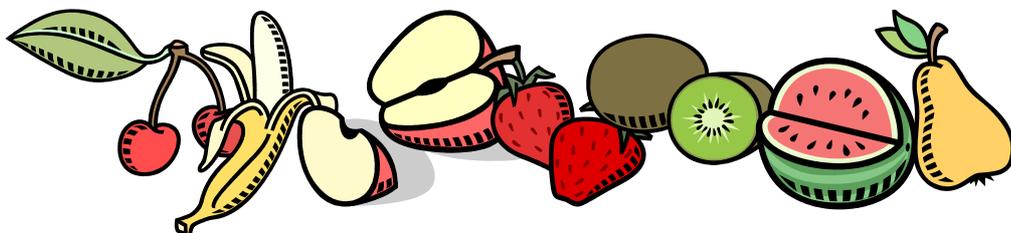
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MENU

WEEK COMMENCING 15th March 2021

	BREAKFAST	LUNCH	TEA
MONDAY	Choice of Cereal Toast & Spreads	Pack Lunch for kitchen repairs Sandwich Roll Fresh Fruit 19g Packet of Crisps Veggie Sticks	Tomato Soup Toast Fresh Fruit
TUESDAY	Choice of Cereal Toast & Spreads	Sweet and Sour Chicken <i>Sweet and Sour Quorn</i> Rice Green Beans Fresh Fruit	Cheesy Pasta Veggie Sticks Yoghurt Fresh Fruit
WEDNESDAY	Choice of Cereal Toast & Spreads	Mascarpone Pasta Bake with Spinach Garlic Bread Yoghurt Fresh Fruit	Ham & Cheese Toasties Cheese & Tom. Toasties Veggie Sticks Fresh Fruit
THURSDAY	Choice of Cereal Toast & Spreads	Roast Beef <i>Roast Quorn</i> Roast Potatoes Carrots Broccoli Stuffing Gravy Fruit Flap Jack Fresh Fruit	BBQ Chicken Rice Sweetcorn Jelly Fresh Fruit
FRIDAY	Choice of Cereal Toast & Spreads	Fish Chips Beans Fresh Fruit	Ham and Cheese Wraps Salad Fresh Fruit

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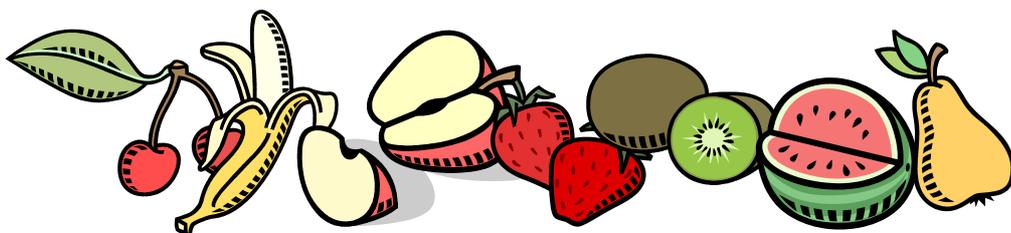
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MENU

WEEK COMMENCING 16th November 2020

	BREAKFAST	LUNCH	TEA
MONDAY	Choice of Cereal Toast & Spreads	Chicken Curry <i>Veggie Curry</i> with Chopped Vegetables Green Beans Rice and Naan Bread Pick n' Mix Fresh Fruit	Home-Made Veggie Soup with a Warm Crusty Roll Fresh Fruit
TUESDAY	Choice of Cereal Toast & Spreads	Sausages <i>Quorn Sausages</i> Mashed Potatoes Baked Beans Fresh Fruit	Chicken Curry Rice Jelly Pots Fresh Fruit
WEDNESDAY	Choice of Cereal Toast & Spreads	Beef Meatballs <i>Quorn Meatballs</i> with Chopped Vegetables Tomato and Basil Sauce Pasta Carrot and Cucumber Crudités Yoghurt Pots Fresh Fruit	Home-Made Sandwiches Fresh Fruit
THURSDAY	Choice of Cereal Toast & Spreads	Roast Pork <i>Roast Quorn</i> Cabbage and Carrots Roast Potatoes Yorkshire Pudding Gravy Flap Jack Fresh Fruit	Cheesy Pasta with Veggie Sticks Yoghurt Pots Fresh Fruit
FRIDAY	Choice of Cereal Toast & Spreads	Fish Fingers Chips Peas Sweetcorn Fresh Fruit	Sausage in a Roll Fresh Fruit

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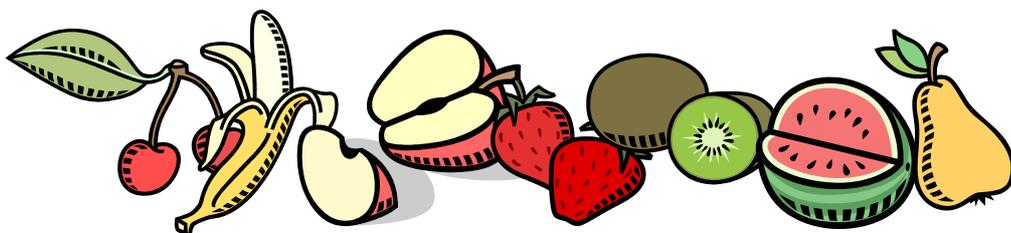
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MENU

WEEK COMMENCING 23rd November 2020

	BREAKFAST	LUNCH	TEA
MONDAY	Choice of Cereal Toast & Spreads	Tomato & Mascarpone with Spinach Pasta Bake Green Beans Crusty Bread Fresh Fruit	Home-Made Sandwiches Jelly Pots Fresh Fruit
TUESDAY	Choice of Cereal Toast & Spreads	Chilli con Carne <i>Veggie Chilli</i> With Chopped Vegetables Half a Jacket Potato Vegetable Crudités Flapjack Fresh Fruit	Soup with a Crusty Roll Fresh Fruit
WEDNESDAY	Choice of Cereal Toast & Spreads	Chicken Fricassee <i>Quorn Fricassee</i> Wholemeal Rice Sweetcorn Carrots Yoghurt Fresh Fruit	Cheesy Pasta with Veggie Sticks Yoghurt Fresh Fruit
THURSDAY	Choice of Cereal Toast & Spreads	Beef Pie <i>Veggie Pie</i> Mashed Potatoes Broccoli White Cabbage Gravy Home-Made Sponge Fresh Fruit	Chicken Fricassee Wholemeal Rice Sweetcorn Fresh Fruit
FRIDAY	Choice of Cereal Toast & Spreads	Fish Chips Mushy Peas Fresh Fruit	Ham & Cheese Toasties Cheese & Tom. Toasties Fresh Fruit

A VARIETY OF SALADS AND FRESHLY BAKED BREAD ARE SERVED ON A DAILY BASIS





Griffin House



MENU

WEEK COMMENCING 7th DECEMBER 2019

	BREAKFAST	LUNCH	TEA
MONDAY	Choice of Cereal Toast & Spreads	Sausages <i>Quorn Sausages</i> Chips Beans Fresh Fruit	Tomato Soup with Toast Jelly Fresh Fruit
TUESDAY	Choice of Cereal Toast & Spreads	Penne Pasta in Fresh Tomato & Basil Sauce with Grated Cheese Broccoli Garlic Slices Yoghurt Fresh Fruit	Sausages Smilies Fresh Fruit Fresh Fruit
WEDNESDAY	Choice of Cereal Toast & Spreads	Pack Lunch Cheese and Ham Roll Veggie Sticks 25g packet of salted crisps Shortbread Fresh Fruit	Cheesy Pasta Salad Yoghurt Fresh Fruit
THURSDAY	Choice of Cereal Toast & Spreads	Roast Turkey <i>Roast Quorn</i> Yorkshire Pudding Pigs in Blankets Stuffing Roast Potatoes Carrots and Cabbage Ginger Bread Man or Chocolate Cake	Home-Made Sandwiches Veggie Sticks Fresh Fruit
FRIDAY	Choice of Cereal Toast & Spreads	School ends at 12.30pm	

